PARENTING YOUR ANXIOUS CHILD

What does anxiety look like in children and youth?

Join the conversation to learn about:

- The cycle of anxiety
- Signs and symptoms of anxious children/youth
- Helpful strategies that parents can use to support their child and more……..

In recognition of Children's Mental Health Week from May 7 – 13, 2018, The York Centre for Children, Youth and Families will be hosting a two part 'Parenting Your Anxious Child' Workshop:

PLACE: ***Our Lady of the Lake Catholic College School***
185 Glenwoods Ave.
Keswick, ON, L4P 2W6
Dates: ***May 9 & May 10, 2018***
Time: ***6:30pm – 9:00pm***
Presenter: ***Jennifer Scott, R.S.S.W, Psychotherapist, The York Centre Intensive Child and Family Services.***

*** ***Please ensure you register for both part 1 and part 2 by registering through the Eventbrite links below:***

Part 1: Wednesday, May 9th, 2018 https://tycpacpart1.eventbrite.ca

Part 2: Thursday, May 10th, 2018 https://tycpacpart2.eventbrite.ca